



# California Supported Living Network

## 8th Annual Supported Living Leadership Conference

# CSLN 2008 Leadership Conference

*"The world of tomorrow belongs to the person who has the vision today." - Robert Schuller*

**Thursday & Friday - April 24th & 25th, 2008**

*Registration Deadline - March 14th, 2008*

**Catamaran Resort Hotel**

*A San Diego experience that awakens the senses, relaxes the body and soothes the soul*

### Who Should Attend:

SLS Providers • Regional Center Representatives • ILS Agencies • Those interested in Living Options  
Consumers/Family Interested in SLS • Those Starting SLS Programs • SLS Parent Vendors



**REGISTRATION  
PACKET**



## CONFERENCE OVERVIEW

# CSLN 2008 Leadership Conference

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### Thursday - April 24th, 2008

8:00-9:00 a.m.	Registration and Continental Breakfast
9:00-9:30 a.m.	Welcome and presentation of Key Person Award
9:30-11:45 p.m.	General Session by Dr. Thomas Pomeranz
12:00-1:15 p.m.	Lunch and Exhibitor's Circle
1:30-3:15 p.m.	Concurrent Sessions: <i>Best Practices</i> <i>Business Supports</i> <i>Staff Development</i>
3:15-3:30 p.m.	Break
3:30- 5:00 p.m.	Concurrent Sessions: <i>Best Practices</i> <i>Business Supports</i> <i>Staff Development</i>
5:00- 7:00 p.m.	Complimentary Hospitality Reception and Social Hour <i>Join us for networking, socializing and fun!</i>

### Friday - April 25th, 2008

8:30-9:30 a.m.	Continental Breakfast and optional Table Topic Discussions
9:45-11:30 a.m.	Concurrent Sessions: <i>Best Practices</i> <i>Business Supports</i> <i>Staff Development</i>
11:45-1:15 a.m.	Lunch and Keynote by Terri DelGadillo, DDS Director
1:30-3:30 p.m.	SLS Circle of Influence with Tony Anderson and Ellen Goldblatt
3:30-3:45 p.m.	Conference Wrap Up

**Don't Miss the Friday April 25th  
Lunch Time Keynote with  
DDS Director Terri DelGadillo  
Supported Living in 2008**

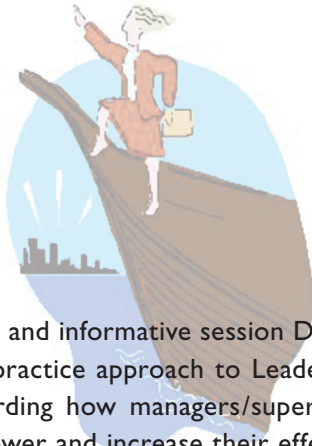


## California Supported Living Network 2007 SCORECARD

CSLN Network successfully opposes AB 1427	Linked in partnership with other stakeholders and partners, CSLN Leadership educated legislative leaders and policy makers regarding the deficits of AB 1427. The coalition argued that AB 1427 was a cumbersome and unnecessary vehicle to provide funding for vital wage increases and funding for best-practices training methods. It was argued that there were far more efficient and effective methods of achieving these same goals. Through the efforts of the coalition, and the compelling testimony of many CSLN members, we were ultimately successful in having the Governor veto this bill.
Community Living Workgroup added to CRA Structure	In an effort to have CRA more comprehensively lobby for the interests of supported living, a workgroup was formed within CRA that seeks to provide a forum for CRA members who provide supported living to bring forth legislative agendas that favor promoting quality supported living services within California.
SLS "Think Tank" Sponsored by CSLN	In conjunction with Jay Nolan Center, a gathering of the best and brightest of California supported living providers and advocates was held in Sacramento. While maintaining the focus on defending against the many threats facing supported living's continuing viability, the "Think Tank" also resulted in some exciting commitments to work together to increase regional SLS training and peer mentoring opportunities.

CSLN Holds Regular Meetings with DDS Director	The leaders of the California Supported Living Network were invited to meet on a quarterly basis with the new Department of Developmental Services Director, Terri Delgadillo. These meetings have presented a unique and unprecedented opportunity for the Network to provide input to the Department, and to extend the Network's assistance in solving the very real challenges facing supported living.
CSLN Presents the 7th Annual Leadership Conference	With over 130 participants attended the 7th Annual CSLN Leadership Conference in San Diego, this year's conference was the best attended. Business practices, service delivery, and best practice break-out sessions were capped by our traditional "State of the State" SLS perspective panel. Chaired by representatives from the Leadership of the California Supported Living Network, Association of Regional Centers, California Rehabilitation Association, the Department of Developmental Services, and Protection and Advocacy, the current status of supported living services in California was examined in what is always a lively exchange of information and perspectives. As always, our evening mixer provided a great opportunity to network with SLS leaders from across California.
CSLN Advocates for SLS Rate Increase	CSLN continued to monitor that overnight wage rates to SLS providers were increased as a result of DDS's 2007 budget increase for this purpose. In January of 2008, SLS providers received an additional \$.50 per hour increase beyond the \$.75 handed down in July 2007.

## GENERAL SESSION



# *Enhancing Leadership through Personal Power*

In this motivating and informative session Dr. Tom Pomeranz provides attendees with a best practice approach to Leadership. The session details specific suggestions regarding how managers/supervisors and clinicians can enhance their personal power and increase their effectiveness as leaders. Tom emphasizes that people tend to resist management but are inspired by leadership.

Thus, the ability of managers to exercise personal power and minimize the use of positional authority will create unity and solidify collegial relationships. The sessions' goals include: knowing the qualities of a good leader, understanding how change can help one achieve goals, recognizing conflict and how to resolve it, and working as a member of a team.



### **Thomas E. Pomeranz, Ed.D.**

Dr. Tom Pomeranz is a nationally recognized authority, trainer, clinician and consultant in the field of services for people with disabilities. Over the last forty (40) years, Tom has conducted thousands of seminars and programs throughout the United States and Canada. His audiences praise his ability to combine information, humor, passion and storytelling into an informative whole that does not just present the information, but really communicates it in a memorable fashion.

Tom was the keynote speaker at the Fifth International Conference on Developmental Disabilities and Aging in Cyprus. He is the highly acclaimed creator of Universal Enhancement, which teaches strategies promoting community participation and supporting people to have a quality life. Additionally, he is noted for his innovative approach to leadership and management training.

Tom has authored numerous articles in various professional publications and *The Principles and Practices of Universal Enhancement*. Published by High Tide Press, this four volume series details with humor and compassion the

autocratic and clinical restraints of supporting people with developmental disabilities and the alternative "Universal Enhancement" way. Tom has also created a six part staff training DVD series *The Principles and Practices of Building Community*. Co-produced with Tierra Del Sol it covers six critical topics that provide staff with best practice tools to enhance the quality of life for people with disabilities.

Tom received his Bachelor and Master of Science Degrees in Special Education and a Doctorate in Mental Health Administration from Indiana University, followed by post-graduate work from the University of Notre Dame in the area of experimental psychology. He has held a variety of top level administrative posts in community-based service organizations and three large state-operated facilities. Tom is a Policy Fellow and Visiting Lecturer for Minot State University – North Dakota Center for Persons with Disabilities, a University Center of Excellence.

Tom is the President and CEO of Universal LifeStiles with offices located in Indianapolis, IN.

Website: [www.universallifestyles.com](http://www.universallifestyles.com)

## CONCURRENT SESSIONS

### **Supported Routines – Best Practice Strategies for a Fulfilling Life**

**Dr. Tom Pomeranz, CEO of Universal LifeStiles**

**Thursday, 4/24/08 - *Staff Development Strand***

In this lively and informative session, Dr. Tom Pomeranz brings home the point that “habilitation is not a goal – it is a result”. People grow, develop and become more independent as a result of participating in meaningful life activities. Tom details how supports should be delivered to allow individuals with significant cognitive, physical and/or behavioral challenges to participate in all aspects of their life. The session provides participants with insight as to how our perceptions and expectations serve as barriers in providing support. The four supported routine outcomes (facilitating connections, maximizing independence, enhancing self-worth, and producing self-determination) are detailed and their life enhancing effects are reviewed. The maxim that “without a presence, there is no future” serves as the foundation for this session.

### **Coaching Universal Enhancement: In Place-Just In Time (IP-JIT)**

**Dr. Tom Pomeranz, CEO of Universal LifeStiles**

**Thursday, 4/24/08 - *Staff Development Strand***

In this inspiring and motivating session, Dr. Tom Pomeranz focuses on the four coaching strategies that can serve to dramatically enhance the effectiveness of Direct Support Professionals. This session is designed for supervisors, managers, clinical staff and staff trainers who hold responsibility for the competence of Direct Support Professionals. Tom will detail through role playing and story telling how the four coaching strategies of modeling, supporting, prompting and celebrating can have a demonstrable impact on Direct Support Professional’s performance. This session explains how In Place – Just In Time Coaching allows supervisors to refine protocols, increase staff motivation and enhance the quality of work life for the staff and most importantly the quality of life of those supported. Additionally,

Tom explains how In Place – Just In Time training can create a collegial environment and infuse a team spirit. The session addresses the coach’s role in the area of age-appropriateness, individualization, accessibility and meaningful engagement.

### **Micro-enterprise**

**Presenter: Sherry Beamer, Sherry Beamer and Associates, Inc**

**Thursday, 4/24/08 - *Business Development Strand***

There is an international trend for people with disabilities to pursue micro-enterprises as an income source as unemployment can be up to 90% for this group. Through partnerships with disability and micro-enterprise service organizations, people with disabilities are successfully starting income generating businesses. To successfully develop micro-enterprises, people with disabilities need to access expert services. Typical micro-enterprise strategies to develop the businesses need to be adapted somewhat for people with disabilities to access them. As well, consideration in business planning, implementation and management needs to be given to the income based public benefits programs, like Social Security, to assure that people maintain disability related needs like medical care. The session will review these elements, suggest resources, and provide examples of developing micro-enterprise and customized employment services for people with developmental disabilities in California.



This brochure, plus updated conference information, can be viewed at:

**[www.supportedliving.com](http://www.supportedliving.com)**

## CONCURRENT SESSIONS

### Planning Ahead

**Joe Donofrio, Director, CHOICES**

**Thursday, 4/24/08 - Best Practices Strand**

Older people want real choices and responsibility to choose the best possible lifestyle with the support they need. By understanding why it is important to have this conversation and the implications of how to support people with health care decisions each person, family and agency will be better prepared to handle the natural aging process of us all. By attending you will obtain an understanding of the difference between competency and capacity, understanding of living well and advanced directives, healthcare powers of attorney and how providers and staff play a role in the end of life situations. We will explore the role that person centered planning has in supporting the wishes of our aging.

### Looking at the Whole Person - A Team Approach

**Jennifer Pittam, Independent Consultant**

**Thursday, 4/24/08 - Best Practices Strand**

In 1999, Redwood Coast Regional Center founded a team of doctors from different specialties, a dentist and behaviorist to get together monthly and meet with a person and the people involved in their life to try and figure out why the person's life was not going well. In most cases, the person seeing the team was in a crisis and the current support system could not figure out what to do. This team, sat around a table and put aside initials for 3 hours to brainstorm, ask questions and discuss what could be going on in the person's life. The amazing piece has been that the dentist is just as good at making suggestions about quality of life as the behaviorist and the behaviorist has had insight into medical issues, medications and psychiatric issues.

This process of putting together professionals to work together to support someone is not an unknown in our field. However, getting medical, dental, psychiatric and behavioral professionals to work together is difficult. This session will describe the process of whole person assessment, what information is gathered and

how this team works together to figure out supports, medical, psychiatric and dental needs and medication needs. Also, we will review where across the state these teams already exist and how to access them.

### CQL's Quality Measures 2005®: Tools for Pressing Forward in Pursuit of Quality of Life

**The Council on Quality and Leadership (CQL), Quality Enhancement Specialist TBA**

**Thursday, 4/24/08 - Business Supports Strand**

Disability theory and law has evolved to inclusion and quality of life, but this theory has yet to become the practice everywhere. For over three decades, CQL has taken on this challenge of moving theory into practice, and supporting people to have lives of their choosing.

CQL is an international not-for-profit organization dedicated to the definition, measurement, and improvement of quality of life for people with disabilities and people with mental illness. In the spring of 2005, CQL introduced Quality Measures 2005®, a wide-ranging document promoting integrated quality management systems. Each set of measures emphasizes personal quality of life in the context of community and may also be applied as a stand alone quality strategy. This workshop will review the development and themes of Quality Measures 2005® and introduce the participant to Shared Values, Personal Outcome Measures®, Basic Assurances®, Responsive Services®, and Community Life®. The participant will also gain a basic understanding of the various quality strategies and how each set of measures may be applied independently or in an integrated fashion.

#### Exhibitor's Circle

**CSLN has invited a variety of vendors and organizations to participate in our lunch time Exhibitor's Circle. Here, you will find resources and new ideas to take back that directly impact your work and life.**

## CONCURRENT SESSIONS

### **The Ins and Outs OF GENERIC RESOURCES**

**Jacquie Foss, CEO, S.T.E.P**

**Lisa Barrows, Community Resource Manager, S.T.E.P**

**Donna Bettencort, SLS Program Director, InAlliance**

**Friday, 4/25/08 - *Business Supports Strand***

We will cover the various common Statewide Generic Resources utilized by Supported Living Providers in California. Information will be shared on how IHSS (In Home Support Services), is utilized, and the trials and tribulations that go along with making the most of this “generic” resource. Wage Order 15 and the benefit to SLS will be discussed. Live-In Attendants and their role as employees will be reviewed. Examples of move-in packets will be shared and a resource list will be distributed. (We are only providers, not legal experts, and as always will strongly recommend legal advice on your agencies implementation of this Wage Order). Participants are strongly encouraged to bring copies of systems, examples and information they may be willing to share with others about their local communities generic resources. We are anticipating this to be an informative and interactive session.

### **SLS Circle of Influence**

**Tony Anderson, Executive Director, The Arc of California**

**Ellen Goldblatt, DD Senior Attorney, Protection and Advocacy Inc**

**Others to be announced**

**Friday, 4/25/08**

This panel will discuss where we have been, where are now and where we can go with Supported Living in California. It is crucial that we as an SLS Community focus our efforts on the issues we can influence. We expend a lot of energy on the

inequities of service rather than directing our efforts toward pro-activity that will make a difference. This interactive panel will address the concerns of SLS and give concrete examples of how we can really influence the future of Supported Living locally and statewide.

### **How Do I Show Up in Your Life?**

**Jeffrey L. Strully, Executive Director, Jay Nolan Community Services, Inc.**

**Friday, 4/25/08 - *Staff Development Strand***

It is very evident that all people who have disabilities can and should live in their own home with the appropriate support. When the appropriate support, assistance, alliances come together and people work in partnership with one another growth and development takes place. However, the reality is that far too many people in supported living are not being supported by the “RIGHT” person doing the “RIGHT” thing and then doing it consistently. Far too frequently, people are supported by people who may just show up in someone’s life or they may be good company or see themselves as “CARERS” of people. People with disabilities may fall short of their real potential because the person they need to count on is not enabling them as generators of possibility. This presentation will outline these difficult issues and provide a framework to think about how to address these problems. While there are no easy answers, knowing the problem is the first step.

### **Self-Directed Services**

**Margaret Andersen, Deputy Director, DDS**

**Friday, 4/25/08 - *Best Practices Strand***

Presentation will include a description of SDS as it is being implemented in California; underpinning philosophy and values; roles of the participant, regional center, fiscal management agency, supports broker and service providers; person-centered planning and implementation of the SDS Individual Program Plan.

# CONFERENCE REGISTRATION FORM

## CSLN 2008 Leadership Conference

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**8th Annual Supported Living Leadership Conference - Thursday & Friday, April 24th & 25th, 2008**

Name: \_\_\_\_\_

Group/Organization: \_\_\_\_\_

Position: \_\_\_\_\_ Regional Center: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone: (\_\_\_\_\_) \_\_\_\_\_ E-mail \_\_\_\_\_

When will you be arriving: ☐ Wednesday - April 23rd ☐ Thursday - April 24th

### CONFERENCE REGISTRATION FEES & ACCOMMODATIONS

*(DOES NOT INCLUDE COST OF HOTEL OR TRAVEL)*

FEES:	BEFORE March 14th	AFTER March 14th	On-Site Registration
<b>Self-Advocate or Family Member</b>			
• CSLN Member:	\$150.00	\$200.00	\$250.00
• Non Member:	\$175.00	\$225.00	\$275.00
<b>Staff Member / Professional with Agency</b>			
• CSLN Member - Single Person	\$235.00	\$275.00	\$315.00
• Non Member - Single Person	\$260.00	\$300.00	\$340.00

### SPECIAL ACCOMMODATIONS:

☐ Sign Language Interpreting Services

☐ Accommodations for Conference Materials

☐ Vegetarian Meals

☐ Specially Prepared Food: \_\_\_\_\_

☐ Other - Please Specify: \_\_\_\_\_

### Cancellation/Refund Policy

- Cancellations must be in writing.
- All cancellations will be subject to a 50% administrative fee.
- Cancellations after March 27th, 2008 cannot be refunded (including "no-shows").
- Substitutions are welcome with advance notice.
- Mail Cancellations to CSLN 4740 Murphy Canyon Road #300 San Diego, CA 92123

### Contact Information

For further information, contact:

**(916) 679-1555 or**  
**[www.supportedliving.com](http://www.supportedliving.com)**

### About your Registration Fees

Conference registration includes:

- All conference sessions
- Morning refreshments Thursday and Friday
- Lunch Thursday and Friday
- Hospitality Reception Thursday evening

### To Register For Conference

Fill out Registration Form **(ONE PER PERSON)**.

Make your check payable to **CSLN**.

Send payment along with Registration Form(s) from this packet to:

**CSLN**

**c/o Sandra Wyspianski**  
**4740 Murphy Canyon Rd., #300**  
**San Diego, CA 92123**

or register online:

**[www.supportedliving.com](http://www.supportedliving.com)**

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**CSLN**

c/o Sandra Wyspianski  
4740 Murphy Canyon Rd., #300  
San Diego, CA 92123

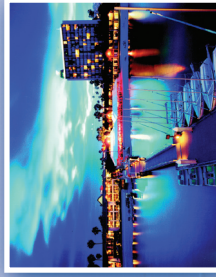
### TIME SENSITIVE MATERIAL

Registration Deadline March 14th, 2008

## California Supported Living Network 8th Annual Supported Living Leadership Conference

April 24 & 25  
– 2008 –

**Hotel Accommodations are Available!**



**CATAMARAN**  
RESORT HOTEL

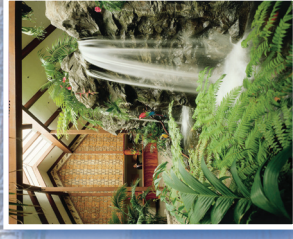


3999 Mission Boulevard  
San Diego, CA 92109  
(858) 488-1081  
Fax (858) 488-1387

Room rates are \$159.00 per night, double occupancy.

Call (800) 422-8386 to make room reservations under  
The California Supported Living Network.

[www.catamaranresort.com](http://www.catamaranresort.com)



**ROOMS MUST BE BOOKED NO LATER THAN  
MARCH 14, 2008 TO RECEIVE THIS SPECIAL RATE!**